

Taco Cabana Nutritional Information

5/4/2017

| | Serving Size (oz) | Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | None | Dairy | Eggs | Wheat | Peanuts | Soy (*soy lecithin) | Fish | Shellfish | Tree Nuts | Gluten | Vegetarian (*common frye) | |
|--|-------------------|----------|--------------|---------------|-------------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------|-------|------|-------|---------|---------------------|------|-----------|-----------|--------|---------------------------|------|
| TACOS, COMBOS AND PLATES | | | | | | | | | | | | | | | | | | | | | | | | |
| Soft Tacos | | | | | | | | | | | | | | | | | | | | | | | | |
| Steak Fajita Taco | 3.3 | 210 | 80 | 8 | 4 | 0 | 30 | 860 | 22 | 1 | 0 | 14 | | • | | • | | | | | | | • | |
| <i>Chicken Breast Fajita Taco</i> | 3.3 | 180 | 40 | 5 | 2 | 0 | 30 | 640 | 21 | 1 | 1 | 14 | | • | | • | | | | | | | • | |
| Shredded Beef Taco | 3.3 | 200 | 70 | 8 | 4 | 0 | 25 | 560 | 20 | 1 | 1 | 11 | | • | | • | | | | | | | • | |
| <i>Beef Taco (ground beef)</i> | 4.1 | 240 | 100 | 11 | 5 | 0 | 30 | 600 | 22 | 1 | 1 | 11 | | • | | • | | • | | | | | • | |
| <i>Chicken Taco (shredded chicken)</i> | 4.2 | 230 | 80 | 9 | 4 | 0 | 50 | 770 | 23 | 1 | 1 | 14 | | • | | • | | | | | | | • | |
| Carne Guisada Taco | 3.8 | 230 | 80 | 9 | 4 | 0 | 35 | 550 | 23 | 1 | 0 | 13 | | • | | • | •* | | | | | | • | |
| <i>Black Bean Taco</i> | 5.4 | 210 | 35 | 4 | 2 | 0 | 0 | 640 | 37 | 5 | 2 | 7 | | • | | • | | | | | | | • v | |
| <i>Bean & Cheese Taco</i> | 4.4 | 300 | 130 | 14 | 7 | 0 | 20 | 580 | 31 | 4 | 1 | 10 | | • | | • | | | | | | | • | |
| Crispy Tacos | | | | | | | | | | | | | | | | | | | | | | | | |
| <i>Beef Taco (ground beef)</i> | 3.4 | 200 | 100 | 11 | 5 | 0 | 30 | 320 | 15 | 2 | 1 | 10 | | • | | | | • | | | | | | |
| <i>Chicken Taco (shredded chicken)</i> | 3.5 | 190 | 80 | 9 | 3 | 0 | 50 | 480 | 16 | 2 | 1 | 12 | | • | | | | | | | | | | |
| Taco Styles | | | | | | | | | | | | | | | | | | | | | | | | |
| Bandera | 1.5 | 50 | 35 | 4 | 2 | 0 | 10 | 110 | 2 | 1 | 1 | 1 | | • | | | | | | | | | | v |
| Gordo | 1.0 | 80 | 50 | 6 | 3 | 0 | 20 | 460 | 1 | 0 | 1 | 7 | | • | | | | | | | | | | |
| Fiesta | 1.8 | 70 | 50 | 5 | 2 | 0 | 5 | 770 | 3 | 2 | 1 | 3 | | • | | | | | | | | | | v |
| Street Tacos | | | | | | | | | | | | | | | | | | | | | | | | |
| Beef Street Tacos (3) | 7.4 | 410 | 150 | 17 | 5 | 1 | 45 | 3530 | 48 | 5 | 2 | 22 | | • | | • | | | | | | | | • |
| Enchiladas | | | | | | | | | | | | | | | | | | | | | | | | |
| Cheese Enchilada (ea) | 3.7 | 320 | 210 | 23 | 11 | 0 | 60 | 360 | 13 | 0 | 0 | 15 | | • | | • | | | | | | | | • |
| Chicken Enchilada (ea) | 5.6 | 280 | 120 | 14 | 4 | 0 | 60 | 750 | 20 | 2 | 3 | 14 | | • | | | | | | | | | | |
| Beef Enchilada (ea) | 3.7 | 220 | 120 | 14 | 4 | 0 | 30 | 310 | 14 | 1 | 1 | 10 | | • | | • | | • | | | | | | • |
| Flautas - add choice of 1 dip per 3 pack | | | | | | | | | | | | | | | | | | | | | | | | |
| Chicken Flauta (ea) | 1.6 | 120 | 35 | 4 | 1 | 0 | 25 | 220 | 13 | 1 | 0 | 6 | • | | | | | | | | | | | |
| Chicken Flautas (3) | 4.8 | 350 | 110 | 12 | 3 | 0 | 70 | 660 | 40 | 3 | 1 | 19 | • | | | | | | | | | | | |
| <i>Guacamole Small (3 oz)</i> | 2.9 | 110 | 80 | 9 | 1 | 0 | 0 | 340 | 7 | 4 | 1 | 1 | • | | | | | | | | | | | v |
| <i>Queso Small (3 oz)</i> | 3.0 | 110 | 70 | 8 | 5 | 0 | 25 | 830 | 5 | 0 | 2 | 5 | | • | | | | | | | | | | v |
| <i>Sour Cream Small (3 oz)</i> | 2.9 | 160 | 130 | 15 | 10 | 0 | 55 | 40 | 3 | 0 | 3 | 3 | | • | | | | | | | | | | v |
| Plates - includes rice, lettuce & guacamole garnish, 2 flour tortillas - add choice of tacos, flautas, enchiladas and beans | | | | | | | | | | | | | | | | | | | | | | | | |
| Rice, Lettuce, Guacamole, Flour Tortillas | 8.4 | 430 | 110 | 12 | 4 | 0 | 0 | 1260 | 70 | 4 | 2 | 9 | | • | | • | | | | | | | | • v |
| Combos - add choice of tacos, 1 side and 20 oz drink | | | | | | | | | | | | | | | | | | | | | | | | |
| Combo Sides | | | | | | | | | | | | | | | | | | | | | | | | |
| Chips and Queso | 5.5 | 490 | 250 | 28 | 8 | 0 | 25 | 860 | 50 | 5 | 2 | 9 | | • | | | | | | | | | | v* |
| Chips and Guacamole | 5.5 | 490 | 270 | 30 | 5 | 0 | 0 | 380 | 51 | 10 | 1 | 6 | • | | | | | | | | | | | v* |
| Rice (8 oz serving) | 7.6 | 310 | 50 | 6 | 1 | 0 | 0 | 1130 | 58 | 3 | 2 | 5 | • | | | | | | | | | | | v |
| Refried Beans w/ Cheese Garnish (8 oz serving) | 11 | 530 | 260 | 29 | 11 | 0 | 30 | 870 | 49 | 12 | 2 | 18 | | • | | | | | | | | | | |
| Borracho Beans (8 oz serving) | 9.2 | 270 | 60 | 6 | 2 | 0 | 10 | 980 | 41 | 13 | 2 | 15 | | • | | | | | | | | | | |
| Black Beans (8 oz serving) | 9.2 | 240 | 15 | 2 | 0 | 0 | 0 | 840 | 42 | 16 | 2 | 14 | | • | | | | | | | | | | v |
| CABANA FAVORITES | | | | | | | | | | | | | | | | | | | | | | | | |
| Cabana Sampler - cheese enchilada, crispy beef taco, chicken flauta, refried beans with cheese garnish, rice, lettuce, guacamole, 2 flour tortillas | 22 | 1330 | 590 | 65 | 25 | 1 | 130 | 2590 | 136 | 14 | 5 | 49 | | • | | • | | • | | | | | | • |
| Carne Guisada Plate - carne guisada, refried beans with cheese garnish, rice, lettuce, guacamole, 2 flour tortillas | 21 | 1020 | 390 | 44 | 17 | 1 | 120 | 2480 | 107 | 13 | 3 | 50 | | • | | • | | •* | | | | | | • |
| Mexican Plate - cheese enchilada, crispy beef taco, refried beans with cheese garnish, rice, lettuce, guacamole, 2 flour tortillas | 21 | 1210 | 550 | 61 | 24 | 1 | 105 | 2370 | 122 | 13 | 4 | 43 | | • | | • | | • | | | | | | • |
| QUESADILLAS - includes guacamole and sour cream | | | | | | | | | | | | | | | | | | | | | | | | |
| Steak Fajita Quesadilla | 12 | 760 | 410 | 45 | 23 | 0 | 135 | 1870 | 52 | 5 | 3 | 38 | | • | | • | | | | | | | | • |
| Chicken Breast Fajita Quesadilla | 12 | 740 | 380 | 42 | 22 | 0 | 135 | 1710 | 51 | 4 | 3 | 38 | | • | | • | | | | | | | | • |
| Shredded Beef Quesadilla | 12 | 710 | 370 | 41 | 20 | 0 | 120 | 1610 | 51 | 5 | 3 | 33 | | • | | • | | | | | | | | • |
| Shredded Chicken Quesadilla | 12 | 700 | 350 | 39 | 19 | 0 | 135 | 1770 | 52 | 5 | 4 | 35 | | • | | • | | | | | | | | • |
| CABANA BOWLS, BURRITOS AND SALADS | | | | | | | | | | | | | | | | | | | | | | | | |
| Cabana Bowls - includes shell, rice, refried beans, romaine lettuce, meat, shredded cheese, pico de gallo, sour cream | | | | | | | | | | | | | | | | | | | | | | | | |
| Steak Fajita Cabana Bowl | 20 | 1120 | 590 | 66 | 24 | 1 | 105 | 2470 | 95 | 12 | 5 | 41 | | • | | • | | | | | | | | • |
| Chicken Breast Fajita Cabana Bowl | 20 | 1080 | 530 | 59 | 22 | 1 | 105 | 2140 | 94 | 12 | 6 | 42 | | • | | • | | | | | | | | • |
| Beef Cabana Bowl (ground beef) | 20 | 1160 | 630 | 70 | 26 | 2 | 105 | 2130 | 95 | 13 | 6 | 39 | | • | | • | | • | | | | | | • |
| Chicken Cabana Bowl (ranchero chicken) | 20 | 1150 | 580 | 65 | 23 | 1 | 145 | 2460 | 97 | 12 | 7 | 43 | | • | | • | | | | | | | | • |
| Cabana Salads - includes shell, romaine lettuce, meat, shredded cheese, guacamole, pico de gallo, sour cream | | | | | | | | | | | | | | | | | | | | | | | | |
| Steak Fajita Cabana Salad | 13 | 720 | 440 | 49 | 18 | 1 | 90 | 1490 | 44 | 6 | 4 | 31 | | • | | • | | | | | | | | • |
| Chicken Fajita Cabana Salad | 13 | 690 | 390 | 43 | 16 | 1 | 90 | 1160 | 42 | 5 | 4 | 31 | | • | | • | | | | | | | | • |
| Beef Cabana Salad (ground beef) | 13 | 770 | 480 | 53 | 20 | 2 | 90 | 1150 | 43 | 7 | 5 | 28 | | • | | • | | • | | | | | | • |
| Chicken Cabana Salad (ranchero chicken) | 13 | 750 | 430 | 48 | 17 | 1 | 135 | 1470 | 45 | 6 | 5 | 33 | | • | | • | | | | | | | | • |
| Salsa Ranch (3 oz) | 3.0 | 110 | 90 | 10 | 2 | 0 | 10 | 600 | 4 | 1 | 2 | 1 | | • | • | | | | | | | | | v |
| Ranch Dressing (3 oz) | 3.0 | 330 | 310 | 34 | 6 | 1 | 35 | 830 | 3 | 0 | 3 | 2 | | • | • | | | | | | | | | v |
| Cabana Burritos - includes flour tortilla, rice, refried beans, romaine lettuce, meat, shredded cheese, pico de gallo, sour cream | | | | | | | | | | | | | | | | | | | | | | | | |
| Steak Fajita Cabana Burrito | 20 | 990 | 390 | 44 | 19 | 1 | 105 | 2740 | 107 | 11 | 5 | 43 | | • | | • | | | | | | | | • |
| Chicken Fajita Cabana Burrito | 20 | 950 | 340 | 37 | 17 | 0 | 105 | 2410 | 105 | 11 | 6 | 44 | | • | | • | | | | | | | | • |
| Beef Cabana Burrito (ground beef) | 21 | 1030 | 430 | 48 | 21 | 1 | 105 | 2400 | 106 | 12 | 6 | 41 | | • | | • | | • | | | | | | • |
| Chicken Cabana Burrito (shedded chicken) | 21 | 1010 | 380 | 43 | 18 | 0 | 145 | 2740 | 108 | 11 | 7 | 45 | | • | | • | | | | | | | | • |
| Build your own Bowl, Burrito and Salad | | | | | | | | | | | | | | | | | | | | | | | | |
| Pick A Tortilla | | | | | | | | | | | | | | | | | | | | | | | | |
| Shell- fried bowl | 2.5 | 390 | 240 | 27 | 7 | 0 | 0 | 330 | 33 | 3 | 1 | 5 | | | • | | | | | | | | | • v* |
| Flour Tortilla | 3.2 | 260 | 45 | 5 | 3 | 0 | 0 | 600 | 44 | 2 | 1 | 7 | | | • | | | | | | | | | • v |
| Fill It - Pick 1 | | | | | | | | | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | |
|---|------|------|-----|----|----|-----|-------|------|----|----|-----|----|----|---|
| Steak Fajita | | | | | | | | | | | | | | |
| 3.0 | 130 | 70 | 8 | 3 | 0 | 40 | 870 | 4 | 0 | 0 | 16 | | | |
| Chicken Breast Fajita | | | | | | | | | | | | | | |
| 3.0 | 100 | 15 | 2 | 0 | 0 | 40 | 540 | 3 | 0 | 1 | 17 | | | |
| Beef (ground beef) | | | | | | | | | | | | | | |
| 3.5 | 180 | 110 | 12 | 5 | 1 | 40 | 530 | 4 | 2 | 1 | 14 | | | |
| Chicken (ranchero chicken) | | | | | | | | | | | | | | |
| 3.7 | 160 | 60 | 7 | 2 | 0 | 85 | 850 | 5 | 1 | 2 | 18 | | | |
| Guacamole (for vegetarian bowl) | | | | | | | | | | | | | | |
| 2.9 | 110 | 80 | 9 | 1 | 0 | 0 | 340 | 7 | 4 | 1 | 1 | | v | |
| Fill It - Pick up to 3 (double portion if choose only 1) | | | | | | | | | | | | | | |
| Refried Beans | | | | | | | | | | | | | | |
| 5.2 | 250 | 120 | 13 | 5 | 0 | 10 | 420 | 24 | 6 | 1 | 8 | | | |
| Borracho Beans | | | | | | | | | | | | | | |
| 4.6 | 140 | 30 | 3 | 1 | 0 | 5 | 490 | 20 | 7 | 1 | 7 | | | |
| Black Beans | | | | | | | | | | | | | | |
| 4.6 | 120 | 10 | 1 | 0 | 0 | 0 | 420 | 21 | 8 | 1 | 7 | | v | |
| Rice | | | | | | | | | | | | | | |
| 3.8 | 160 | 25 | 3 | 1 | 0 | 0 | 570 | 29 | 1 | 1 | 3 | | v | |
| Romaine Lettuce | | | | | | | | | | | | | | |
| 2.0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 1 | 1 | 1 | | v | |
| Iceberg Lettuce | | | | | | | | | | | | | | |
| 2.0 | 10 | 0 | 0 | 0 | 0 | 0 | 5 | 2 | 1 | 1 | 1 | | v | |
| Finish It | | | | | | | | | | | | | | |
| Shredded Cheese | | | | | | | | | | | | | | |
| 1.0 | 110 | 80 | 9 | 5 | 0 | 30 | 180 | 0 | 0 | 0 | 7 | | v | |
| Sour Cream | | | | | | | | | | | | | | |
| 1.0 | 60 | 45 | 5 | 4 | 0 | 20 | 15 | 1 | 0 | 1 | 1 | | v | |
| Pico de Gallo - no chile | | | | | | | | | | | | | | |
| 1.0 | 5 | 0 | 0 | 0 | 0 | 0 | 90 | 1 | 0 | 1 | 0 | | v | |
| Guacamole Add On (3 oz) | | | | | | | | | | | | | | |
| 2.9 | 110 | 80 | 9 | 1 | 0 | 0 | 340 | 7 | 4 | 1 | 1 | | v | |
| Queso Add On (3 oz) | | | | | | | | | | | | | | |
| 3.0 | 110 | 70 | 8 | 5 | 0 | 25 | 830 | 5 | 0 | 2 | 5 | | v | |
| SIZZLING SKILLETS - includes grilled onion, bell pepper, rice, shredded cheese, sour cream, guacamole, lettuce, pico de gallo, flour tortillas | | | | | | | | | | | | | | |
| Half Order (serves 2) - add choice of beans | | | | | | | | | | | | | | |
| Steak Fajita | | | | | | | | | | | | | | |
| 35 | 1770 | 710 | 79 | 31 | 2 | 180 | 5700 | 200 | 14 | 10 | 77 | | | |
| Chicken Fajita | | | | | | | | | | | | | | |
| 35 | 1680 | 560 | 62 | 25 | 1 | 180 | 4820 | 195 | 13 | 11 | 77 | | | |
| Shredded Beef | | | | | | | | | | | | | | |
| 35 | 1760 | 700 | 78 | 31 | 1 | 165 | 4470 | 195 | 13 | 11 | 64 | | | |
| Refried Beans with cheese garnish | | | | | | | | | | | | | | |
| 10.6 | 530 | 260 | 29 | 11 | 0 | 30 | 870 | 49 | 12 | 2 | 18 | | | |
| Borracho Beans | | | | | | | | | | | | | | |
| 9.2 | 270 | 60 | 6 | 2 | 0 | 10 | 980 | 41 | 13 | 2 | 15 | | | |
| Black Beans | | | | | | | | | | | | | | |
| 9.2 | 240 | 15 | 2 | 0 | 0 | 0 | 840 | 42 | 16 | 2 | 14 | | v | |
| Full Order (serves 4) - add choice of beans | | | | | | | | | | | | | | |
| Steak Fajita | | | | | | | | | | | | | | |
| 66 | 3460 | 1310 | 146 | 58 | 4 | 340 | 11540 | 406 | 25 | 17 | 152 | | | |
| Chicken Fajita | | | | | | | | | | | | | | |
| 66 | 3280 | 1010 | 113 | 45 | 2 | 340 | 9780 | 397 | 23 | 19 | 154 | | | |
| Shredded Beef | | | | | | | | | | | | | | |
| 66 | 3430 | 1290 | 144 | 58 | 2 | 315 | 9090 | 396 | 24 | 20 | 128 | | | |
| Refried Beans with cheese garnish | | | | | | | | | | | | | | |
| 21.2 | 1050 | 510 | 57 | 23 | 0 | 60 | 1740 | 98 | 24 | 3 | 36 | | | |
| Borracho Beans | | | | | | | | | | | | | | |
| 18.4 | 550 | 110 | 13 | 4 | 0 | 15 | 1960 | 81 | 27 | 5 | 29 | | | |
| Black Beans | | | | | | | | | | | | | | |
| 18.4 | 480 | 30 | 4 | 1 | 0 | 0 | 1680 | 85 | 32 | 5 | 29 | | v | |
| NACHOS | | | | | | | | | | | | | | |
| Nachos with Queso - includes sour cream and guacamole | | | | | | | | | | | | | | |
| Steak Fajita Nachos | | | | | | | | | | | | | | |
| 13 | 810 | 440 | 49 | 16 | 0 | 85 | 1870 | 69 | 10 | 4 | 28 | | | |
| Chicken Fajita Nachos | | | | | | | | | | | | | | |
| 13 | 790 | 400 | 44 | 14 | 0 | 80 | 1610 | 67 | 10 | 5 | 28 | | | |
| Shredded Beef Nachos | | | | | | | | | | | | | | |
| 13 | 800 | 430 | 48 | 16 | 0 | 75 | 1470 | 67 | 10 | 5 | 23 | | | |
| Beef Super Nachos (ground beef) | | | | | | | | | | | | | | |
| 14 | 890 | 500 | 55 | 19 | 1 | 90 | 1730 | 69 | 11 | 5 | 29 | | | |
| Chicken Super Nachos (ranchero chicken) | | | | | | | | | | | | | | |
| 15 | 890 | 460 | 51 | 16 | 0 | 140 | 2130 | 72 | 10 | 6 | 35 | | | |
| Tortilla Chips and More | | | | | | | | | | | | | | |
| Chorizo Loaded Queso and Chips | | | | | | | | | | | | | | |
| 11.0 | 570 | 350 | 39 | 14 | 0 | 75 | 331 | 37 | 3 | 5 | 17 | | | |
| Beef Loaded Queso and Chips | | | | | | | | | | | | | | |
| 11.0 | 550 | 330 | 37 | 13 | 1 | 60 | 3230 | 36 | 3 | 5 | 17 | | | |
| Chips and Queso - Personal | | | | | | | | | | | | | | |
| 5.5 | 490 | 250 | 28 | 8 | 0 | 25 | 860 | 50 | 5 | 2 | 9 | | v* | |
| Chips and Guacamole - Personal | | | | | | | | | | | | | | |
| 5.5 | 490 | 270 | 30 | 5 | 0 | 0 | 380 | 51 | 10 | 1 | 6 | | v* | |
| Chips & Queso - Large | | | | | | | | | | | | | | |
| 13 | 1050 | 550 | 61 | 18 | 0 | 70 | 2270 | 103 | 10 | 6 | 22 | | v* | |
| Chips & Guacamole - Large | | | | | | | | | | | | | | |
| 13 | 1050 | 590 | 66 | 10 | 0 | 0 | 990 | 107 | 22 | 3 | 12 | | v* | |
| KID'S MEALS - add choice of crispy beef taco, bean & cheese taco, cheese enchilada or kid's quesadilla and 16 oz drink | | | | | | | | | | | | | | |
| Kid's Chips & Queso side | | | | | | | | | | | | | | |
| 5.5 | 490 | 250 | 28 | 8 | 0 | 25 | 860 | 50 | 5 | 2 | 9 | | v* | |
| Kid's Rice | | | | | | | | | | | | | | |
| 1.9 | 80 | 15 | 2 | 0 | 0 | 0 | 280 | 15 | 1 | 1 | 1 | | v | |
| Kid's Black Beans | | | | | | | | | | | | | | |
| 2.3 | 60 | 5 | 0 | 0 | 0 | 0 | 210 | 11 | 4 | 1 | 4 | | v | |
| Kid's Refried Beans | | | | | | | | | | | | | | |
| 2.7 | 130 | 60 | 7 | 3 | 0 | 10 | 220 | 12 | 3 | 0 | 5 | | | |
| Kid's Borracho Beans | | | | | | | | | | | | | | |
| 2.3 | 70 | 15 | 2 | 0 | 0 | 0 | 240 | 10 | 3 | 1 | 4 | | | |
| Kid's Cheese Quesadilla | | | | | | | | | | | | | | |
| 5.1 | 510 | 260 | 29 | 15 | 0 | 75 | 1020 | 39 | 1 | 0 | 23 | | v | |
| DESSERTS | | | | | | | | | | | | | | |
| Sopapillas | | | | | | | | | | | | | | |
| Small | 2.5 | 250 | 70 | 8 | 6 | 0 | 0 | 300 | 39 | 1 | 14 | 5 | | v |
| Large | 5.0 | 480 | 180 | 20 | 14 | 0 | 0 | 720 | 65 | 3 | 8 | 11 | | v |
| Honey | | | | | | | | | | | | | | |
| 1.0 | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 22 | 0 | | v | |
| Dulce de Leche | | | | | | | | | | | | | | |
| 1.0 | 110 | 60 | 7 | 2 | 0 | 0 | 60 | 11 | 0 | 10 | 0 | | v | |
| SIDES / ADD-ONS | | | | | | | | | | | | | | |
| Rice | | | | | | | | | | | | | | |
| Small (4 oz) | 3.8 | 160 | 25 | 3 | 1 | 0 | 0 | 570 | 29 | 1 | 1 | 3 | | |
| Regular (8 oz) | 7.6 | 310 | 50 | 6 | 1 | 0 | 0 | 1130 | 58 | 3 | 2 | 5 | | v |
| Refried Beans w/ Cheese Garnish | | | | | | | | | | | | | | |
| Small (4 oz) | 5.3 | 260 | 130 | 14 | 6 | 0 | 15 | 440 | 25 | 6 | 1 | 9 | | |
| Regular (8 oz) | 10.6 | 530 | 260 | 29 | 11 | 0 | 30 | 870 | 49 | 12 | 2 | 18 | | |
| Borracho Beans | | | | | | | | | | | | | | |
| Small (4 oz) | 4.6 | 140 | 30 | 3 | 1 | 0 | 5 | 490 | 20 | 7 | 1 | 7 | | |
| Regular (8 oz) | 9.2 | 270 | 60 | 6 | 2 | 0 | 10 | 980 | 41 | 13 | 2 | 15 | | |
| Black Beans | | | | | | | | | | | | | | |
| Small (4 oz) | 4.6 | 120 | 10 | 1 | 0 | 0 | 0 | 420 | 21 | 8 | 1 | 7 | | v |
| Regular (8 oz) | 9.2 | 240 | 15 | 2 | 0 | 0 | 0 | 840 | 42 | 16 | 2 | 14 | | |
| Seasoned Potatoes | | | | | | | | | | | | | | |
| 2.1 | 140 | 80 | 9 | 2 | 0 | 0 | 280 | 15 | 1 | 0 | 1 | | v* | |
| Steak Fajita (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 45 | 25 | 3 | 1 | 0 | 15 | 290 | 1 | 0 | 0 | 5 | | | |
| Chicken Breast Fajita (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 35 | 5 | 1 | 0 | 0 | 15 | 180 | 1 | 0 | 0 | 6 | | | |
| Shredded Beef (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 45 | 25 | 3 | 1 | 0 | 10 | 135 | 1 | 0 | 0 | 4 | | | |
| Guacamole small (3 oz) | | | | | | | | | | | | | | |
| 2.9 | 110 | 80 | 9 | 1 | 0 | 0 | 340 | 7 | 4 | 1 | 1 | | v | |
| Queso small (3 oz) | | | | | | | | | | | | | | |
| 3.0 | 110 | 70 | 8 | 5 | 0 | 25 | 830 | 5 | 0 | 2 | 5 | | v | |
| Sour Cream small (3 oz) | | | | | | | | | | | | | | |
| 2.9 | 160 | 130 | 15 | 10 | 0 | 55 | 40 | 3 | 0 | 3 | 3 | | v | |
| Shredded Cheese (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 110 | 80 | 9 | 5 | 0 | 30 | 180 | 0 | 0 | 0 | 7 | | v | |
| The Works (lettuce, guacamole, sour cream, cheese, tomatoes) | | | | | | | | | | | | | | |
| 1.8 | 80 | 60 | 6 | 3 | 0 | 15 | 110 | 2 | 1 | 1 | 3 | | v | |
| Salsa Roja (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 5 | 0 | 0 | 0 | 0 | 0 | 60 | 1 | 0 | 1 | 0 | | v | |
| Salsa Verde (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 10 | 0 | 0 | 0 | 0 | 0 | 160 | 1 | 1 | 1 | 0 | | v | |
| Salsa Fuego (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 5 | 0 | 0 | 0 | 0 | 0 | 105 | 1 | 0 | 1 | 0 | | v | |
| Salsa Ranch (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 35 | 30 | 4 | 1 | 0 | 5 | 200 | 1 | 0 | 1 | 0 | | v | |
| Pico de Gallo (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 5 | 0 | 0 | 0 | 0 | 0 | 90 | 1 | 0 | 1 | 0 | | v | |
| Onions (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 1 | 0 | | v | |
| Cilantro (0.25 oz) | | | | | | | | | | | | | | |
| 0.3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | v | |
| Sliced Jalapenos (1 oz) | | | | | | | | | | | | | | |
| 1.0 | 5 | 0 | 0 | 0 | 0 | 0 | 510 | 1 | 1 | 0 | 0 | | v | |

